



Mental Health Carers Group

For carers of people with mental health illnesses, meeting at
Sunderland Carers Centre.

2nd Tuesday of each month - 10.30am to 12 noon



Sunderland Carers Centre is here to help

Thompson Park, Thompson Road, Sunderland. SR5 1SF



(0191) 549 3768



contactus@sunderlandcarers.co.uk



www.sunderlandcarers.co.uk

